Cuisine

Summary of the contest:

Make a menu with Ingredients and dishes (appetizers/main dishes/desserts)

Running of the contest:

Duration of the contest will be maximum 6 hours.
It consists in preparing appetizer toasts, sea food products, meat and desserts.
Execution of the assignment means comprehensive process including cleanliness, preparation, cooking skills, taste, visual expression, etc. for each course.
Each assignment's product is to be finally provided in dish

Main skills required:

Be able to:
- ✓ Apply hygiene and food security rules
- ✓ Organise its work
- ✓ Make recipes with limitating food loss
- ✓ Master the cooking, seasoning and side dish/Express creativity with plating

Rating criteria:

- ✓ Cleanliness, hygiene and workstation management
- ✓ Respect of Dishes, recipes, and taste
- ✓ Products and waste management
- ✓ Creativity, plating

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